

EMERGENCY ACTION PLAN

Lindsay Rugby Football Club

Emergency Phones: 9-1-1

Charge Persons:

LRFC President:	Alison Westrop	705-340-8776
VP of Facilities:	John Carr	705-879-8535
VP of Game:	Rob Brouwer	705-879-7286
Director: or designate	Brett Moxley	705-879-5502

Address of Home Facility

Lindsay Rugby Football Club
67 Vince Jones Rd.
City of Kawartha Lakes
K9V 4R5

Address of Nearest Hospital

Ross Memorial Hospital
10 Angeline Street North
Lindsay, ON
K9V 4M8

Roles and Responsibilities:

Charge Person #1:	Alison Westrop	705-340-8776
Charge Person #2:	John Carr	705-879-8535
Charge Person #3:	Rob Brouwer	705-879-7286
Charge Person #3: or designate	Brett Moxley	705-879-5502

Call Persons:

Call Person #1:	John Carr	705-879-8535
Call Person #2:	Alison Westrop	705-340-8776
Call Person #3:	Brett Moxley	705-879-5502
Call Person #4:	Glen Smallwood	705-731-7475
Call Person #5: or designate	Rene Sorenson	705-879-1063

Control Person: Head coach of team or other person designated by Charge Person.
Roles and Responsibilities

Charge person

- Ensure that you are following the EAP – See copy on office door or behind bar.
- Clear the risk of further harm to the injured person by securing the area and sheltering the injured person from the elements.
- Assess ABCs (check that airway is clear, breathing is present, a pulse (Circulation) is present, and there is no major bleeding) Begin CPR if trained and if necessary.
- Designate who is in charge of the other participants and ensure they are considered for shock and kept warm and dry. This will free the Call person to deal with the arrival of EMS.
- Designate an adult (Call person), if possible, to call an ambulance, giving place, state of the injured party (e.g unconscious) and the best entrance to the area and to report back to you.
- Protect yourself (wear surgical gloves -Kept in first aid kit- if you are in contact with body fluids such as blood)
- Wait by the injured person until EMS arrives and the injured person is transported
- Fill in an accident report form. Have the referee and other witnesses write reports if possible. Have them sign the reports. Give the completed reports to a member of the Club Executive. Do not volunteer information or talk to the press.

Call person

- Ensure that you are following the EAP – See copy on office door or behind bar.
- Call for emergency help - Provide all necessary information to dispatch (e.g. facility location, nature of injury, what, if any, first aid has been done)
- Clear any traffic from the entrance/access road before ambulance arrives
- Wait by the driveway entrance to the facility to direct the ambulance when it arrives
- Advise a member of the Executive of the injury so that insurance claims can be initiated.

Control Person

- Ensure all other athletes and spectators are kept away from the scene of the injury
- Call Emergency contact number of injured person, if necessary. Be calm and collected and give them directions to the hospital.

Directions to Hospital

Head west on Vince Jones Rd toward Post Rd - 650 m

Turn left onto Post Rd - 1.6 km

Take the 1st right onto Traceys Hill Rd - 1.6 km

Turn right onto Trans-Canada Hwy/ON-7 W - 4.0 km

Turn right onto Angeline St S

Hospital will be on the right - 3.3 km

10 Angeline St N

