



POWER TEK FITNESS

MULTI - SPORT STRENGTH AND CONDITIONING CONSULTANTS

Brad S. Norris, M.Ed., D.Ac., P.I.P.C. L5

211 Eden Road

R.R.# 4 Woodville, Ontario, Canada

K0M 2T0

705-374-4884

norris@powertekfitness.com / www.powertekfitness.com



Athlete Contract

As a competitive athlete, I understand that regular participation and effort are critical to success when embarking on a structured training program. Enrollment in the 3 / 4 month program secures a spot in our program – the athlete assumes responsibility for the full term and conditions of the contract and is committed to the 3 / 4 month term irrespective of attendance. Athletes are required to attend all session as scheduled -

Payment Conditions: Monthly installment is due in full at the first of each month. A failure to pay at the beginning of each training cycle will result in suspension of training privileges. Payment may be made by post – dated cheque / bank transfer or cash on the respective dates. Those who don't pay by post dated cheque will be asked to provide a VISA/MC #. Credit Card will be charged, if payment is not received at the first of the month, monthly amount owing +2% will be charged to credit card.

I agree to the conditions outlined in the Athlete Contract.

Name of Athlete (please print): _____

Signature of Athlete : _____ Date: _____

Name of Parent / Guardian (please print): _____

Signature of Parent/ Guardian: _____ Date : _____

Waiver of Liability / Informed Consent for POWER TEK FITNESS programming

I am aware that participation in physical exercise may result in accident or injury and I assume the risk connected with participation in physical exercise.

I am in good health and suffer from no physical impairment, which would limit my participation in this physical exercise program.

I specifically agree that Power Tek Fitness, its officers, employees, teachers and agents shall not be liable for any claim, demand, cause of action of any kind whatsoever for, or on account of death, personal injury, property damage or loss of any kind resulting from or related to my use of these facilities or participation in any physical exercise or activity within or without the premises.

I agree to hold Power Tek Fitness harmless from the same. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Name of Athlete (please print): _____

Signature of Athlete : _____ Date : _____

Name of Parent/Guardian (please print) _____

Signature of Parent / Guardian : _____ Date: _____